



I am the undersigned.....

1. Due to the difficulty of the event and the injury I may encounter, etc. I am aware of personal risks,
2. I have sufficient training and experience to participate in the event,
3. I do not use substances containing doping,
4. During the event:
 - The organization cannot be held responsible for any material or moral damages or accidents I may be exposed to,
 - I will comply with the decisions made by the health teams and the organization,
 - I will respect the environment and not destroy the natural environment,
5. The photographs and videos taken during the organization can be used by the organization and all institutions and organizations that support the organization in all written, visual and digital media,I accept, declare and waive.

Date and Signature

Person and phone number you want to be reached in case of emergency:

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Do you have any allergies or chronic conditions? If so, please specify:

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